



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 01291, Milk, evaporated, 2% fat, with added vitamin A and vitamin D

Report Date: July 16, 2017 18:52 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	74.04	15	0.085	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Energy	kcal	107	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2015
Energy	kJ	448	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2015
Protein	g	6.67	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Total lipid (fat)	g	2.00	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Ash	g	1.55	5	0.023	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Carbohydrate, by difference	g	15.74	--	--	--	--	--	--	--	--	Calculated or imputed	--	08/2015
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sugars, total	g	6.67	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Minerals													
Calcium, Ca	mg	267	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Iron, Fe	mg	0.19	59	0.011	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Magnesium, Mg	mg	24	6	0.716	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Phosphorus, P	mg	203	37	8.254	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Potassium, K	mg	303	10	8.691	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Sodium, Na	mg	100	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Zinc, Zn	mg	0.77	26	0.027	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Copper, Cu	mg	0.016	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Manganese, Mn	mg	0.006	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Selenium, Se	µg	2.3	13	0.280	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Vitamins													
Vitamin C, total ascorbic acid	mg	16.0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Thiamin	mg	0.047	42	0.002	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Riboflavin	mg	0.316	41	0.006	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Niacin	mg	0.194	36	0.010	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Pantothenic acid	mg	0.638	5	0.032	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Vitamin B-6	mg	0.050	21	0.002	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Folate, total	µg	8	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folate, food	µg	8	1	--	--	--	--	--	--	--	Analytical or derived from analytical		-- 06/2015
Folate, DFE	µg	8	--	--	--	--	--	--	--	--	Calculated or imputed		-- 06/2015
Choline, total	mg	16.6	--	--	--	--	--	--	--	--	Calculated or imputed	01079	06/2015
Vitamin B-12	µg	0.16	9	0.015	--	--	--	--	--	--	Analytical or derived from analytical		-- 06/2015
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero		-- 06/2015
Vitamin A, RAE	µg	56	--	--	--	--	--	--	--	--	Calculated or imputed		-- 06/2015
Retinol	µg	56	--	--	--	--	--	--	--	--	Calculated or imputed	01079	06/2015
Carotene, beta	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	01079	06/2015
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Assumed zero		-- 06/2015
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero		-- 06/2015
Vitamin A, IU	IU	192	--	--	--	--	--	--	--	--	Calculated or imputed		-- 06/2015
Lycopene	µg	0	--	--	--	--	--	--	--	--	Assumed zero		-- 06/2015
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Assumed zero		-- 06/2015
Vitamin E (alpha-tocopherol)	mg	0.18	--	--	--	--	--	--	--	--	Calculated or imputed		-- 06/2015
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero		-- 06/2015
Vitamin D (D2 + D3)	µg	4.0	--	--	--	--	--	--	--	--	Calculated or imputed		-- 06/2015

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin D	IU	160	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Vitamin K (phylloquinone)	µg	0.2	--	--	--	--	--	--	--	--	Calculated or imputed	01079	06/2015
Lipids													
Fatty acids, total saturated	g	1.204	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
4:0	g	0.054	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
6:0	g	0.037	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
8:0	g	0.015	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
10:0	g	0.031	11	0.017	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
12:0	g	0.045	12	0.015	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
14:0	g	0.204	12	0.035	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
16:0	g	0.563	12	0.060	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:0	g	0.256	12	0.027	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Fatty acids, total monounsaturated	g	0.628	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
16:1 undifferentiated	g	0.044	12	0.012	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
18:1 undifferentiated	g	0.584	12	0.049	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
20:1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Fatty acids, total polyunsaturated	g	0.068	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2015
18:2 undifferentiated	g	0.046	12	0.017	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
18:3 undifferentiated	g	0.022	2	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
18:4	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	06/2015
Amino Acids													
Tryptophan	g	0.096	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Threonine	g	0.307	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Isoleucine	g	0.412	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Leucine	g	0.667	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lysine	g	0.540	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Methionine	g	0.171	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Cystine	g	0.063	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Phenylalanine	g	0.329	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Tyrosine	g	0.329	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Valine	g	0.456	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Arginine	g	0.247	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Histidine	g	0.185	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Alanine	g	0.235	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Aspartic acid	g	0.517	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Glutamic acid	g	1.426	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Glycine	g	0.144	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Proline	g	0.660	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Serine	g	0.370	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	06/2015
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015